



# NATURAL HELPERS PROGRAM

## MISSION

To support the social and emotional development of our students through a group training program designed to instill empathy, compassion, comradery, and a commitment to community.

## WHY IT'S IMPORTANT

Today's students long for acceptance and acknowledgement from the people around them. Many yearn to become our future leaders and to have experiences outside of their normal lives. The Natural Helpers program is designed to help those students lead by example and provide fellow students with their newfound expertise.

## HOW YOU CAN HELP

Become a Natural Helpers sponsor today!

## SPONSORS



Hammond Community Corporation

Christopher Patrick Ford, Esq.

First Five Classes  
Gavit HS Alumni  
Classes of 1964, '65, '66, '67, '68

## CONTACT

Hammond Education Foundation at  
hef@hammond.k12.in.us to learn more.



# Hammond's Natural Helpers



## Testamonical

I'm emailing to let you know how enriching and rewarding the Natural Helpers Retreat was for me. The whole experience opened up my perspective and outlook more than I could've imagined. I didn't expect to make so many new connections with my peers, even with those who I had never spoken to before. As the end of the retreat neared, I felt very comfortable expressing my emotions and thoughts, which is something that I didn't feel when we first arrived. While there, I had time to reflect on myself and my feelings because I didn't have my phone to distract me. Even while we weren't doing activities I felt comfortable asking my friends questions about their hopes for the future and what they wanted to change about the way they went through their lives. When I got home I felt like I went through a slight transformation just because of how much I learned and benefited from on the retreat.

Kind regards,  
Lily  
Student & Natural Helper

**HELP US KEEP THIS PROGRAM GOING!**

**Become a Natural Helpers sponsor today!**



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